

Exploration of Wild Edible Mushroom of Anjaw

Edible mushrooms are sources of food all over the world and have high nutritional value. Anjaw district being in a unique position is blessed with varied wild edible Mushroom. The inhabitants of this region have been consuming wild mushroom since time immemorial. Hence, the tribal folk have a wide traditional knowledge about these mushrooms. They collect them from the wild especially during rainy season for their consumption. It plays an important place in their food habit as its rich source of protein, vitamins and minerals.

The traditional knowledge about the collection of wild edible fungi and its identification is almost in the way of extinction and restricted to only few elderly people. Therefore an exploration survey was conducted by Dr. Senpon Ngomle, SMS, Plant Protection and Ms. Rebecca Eko, SMS, Horticulture to document, identify and conserve the edible and rare wild edible mushroom of Anjaw like *Cordopsis Sinensis*, Shitake, Oyster mushroom, etc.

Glimpses of Activity



Hunt for rare Caterpillar Mushroom



Harvested Caterpillar Mushroom



Caterpillar Mushroom



Wild edible mushroom hunter

